

SSRA 9 – ARCHERY

Applicable to all Archery activities for CHMAS.

Ratio 1 : 12

Instructor to hold Archery Sport Leaders Award (GNAS) as a minimum.

Date Compiled	8 February 2020	
Compiled By	Chris Hughes	
Date of Next	01/02/2023	
Review		
Is the activity acceptably safe if managed as		
below (YES/NO): YES		
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Signed:	NUID	
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SPORT SPECIFIC RISK ASSESSMENT 9 - ARCHERY				
Benefit Statement	An enjoyable and rewarding sport. People are taught skills and have the opportunity to demonstrate their learning. There is a great sense of achievement in hitting the target and refining your skills.			
Hazard	Risk	Control Measure		
General	Various injuries	Use suitably qualified and experienced instructor that holds an appropriate in date first aid certificate. Clear activity briefings and supervision to be provided. All accidents, near misses and incidents are recorded and appropriate action undertaken as required.		
Extreme Weather	Sunburn Hypothermia Heat Exhaustion / Heat Stoke	Weather forecast to be obtained and impact on venue to be considered. If conditions, make activity unsuitable consider alternative activity. Remind participants about sun protection and participants have suitable & adequate clothing plus access to warm (or cold) drinks.		
For every session there	e will be a dynamic risk assess	sment on arrival and will be on going throughout the activity session.		
Participants	Various injuries	Instructor to check / recheck medical history (discretely) before commencing activity. Instructors to also check with group leaders about any behavioural issues.		

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Benefit Statement	An enjoyable and rewarding sport. People are taught skills and have the opportunity to demonstrate their learning. There is a great sense of achievement in hitting the target and refining your skills.				
Hazard	Risk	Control Measure			
Poorly maintained equipment	Various injuries	All equipment to be checked prior to running the session.			
Aggravation of past injuries	Soft tissue damage / sprains & strains	Check medical conditions prior to activity and monitor accordingly.			
Hair / Jewellery/ Clothing	Various injuries	Ensure long hair is tied back, jewellery is removed (if appropriate) and loose clothing is removed. Be aware of hidden body piercings!			
Equipment mismatch	Sprains / strains	Bow (length and pull) and arrows to be matched to individual.			
Poorly managed range	Puncture wounds / various injuries	Range to be set out as per the guidance of the GNAS manual and participants to be briefed on the safe use. Use of red card for inappropriate behaviour.			
Falling bosses / targets	Various injuries	Security of bosses / targets to be checked prior to session and safe arrow retrieval to be demonstrated and monitored.			
Removing arrows from targets	Eye injuries	Safe arrow retrieval to be demonstrated and monitored.			