


SPORT SPECIFIC RISK ASSESSMENT 14 – TEAM BUILDING & ICE BREAKERS



SSRA 14 – TEAM BUILDING & ICE BREAKERS		
Applicable for all Team Building and Ice Breaker activities run by CHMAS.	Date Compiled	8 February 2020
	Compiled By	Chris Hughes
	Date of Next Review	01/02/2023
Is the activity acceptably safe if managed as below (YES/NO): YES		
Signed: 		

SPORT SPECIFIC RISK ASSESSMENT 14 - TEAM BUILDING & ICE BREAKERS		
Benefit Statement	<i>Being able to work with others is an essential skill in every aspect of life. These practical exercises provide a unique and interesting learning medium.</i>	
Hazard	Risk	Control Measure
General	Various injuries	Use a suitably experienced instructor that holds an appropriate in date first aid certificate. Clear activity briefings and supervision to be provided. All accidents, near misses and incidents are recorded and appropriate action undertaken as required.
Weather conditions	Sunburn Hypothermia Heat Exhaustion / Heat Stoke	Weather forecast to be obtained and impact on venue to be considered. If conditions, make activity unsuitable consider alternative activity. Remind participants about sun protection and participants have suitable & adequate clothing plus access to warm (or cold) drinks.
<i>For every session there will be a dynamic risk assessment on arrival and will be on going throughout the activity session.</i>		
Participants	Various injuries	Instructor to check / recheck medical history (discretely) before commencing activity. Instructors to also check with group leaders about any behavioural issues.

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Hazard	Risk	Control Measure
Trips, slips and falls	Various injuries	Instructor to work tidily to ensure equipment does not become a hazard. Encourage participants to walk between activities.
Trust exercises	Various injuries	Instructor to brief group and supervise appropriately.