

# AN INTRODUCTION TO CHRIS HUGHES MULTI ACTIVITY SERVICES



<b>About Us</b>	<p>Chris Hughes Multi Activity Services (CHMAS) is a family run business based in Shrewsbury. Our aim is to provide, you, with affordable, high quality and fun outdoor activities. We fully believe in the personal touch and no matter which activity / course you chose we aim to:</p> <p>a) Provide you with an enjoyable learning experience;  b) Structure the day to your requirements unless we are obliged to follow a syllabus; and  c) Make sure you leave smiling.</p>		
<b>Our Base</b>	<p>CHMAS is based in Shrewsbury and most of the sites that we use are all within a short drive of the town. However, we can and do work further away so if you have something specific in mind then please ask.</p>		
<b>Our Activities</b>	<p>CHMAS is pleased to offer the following fun and exciting activities.</p> <table border="1" data-bbox="419 958 1461 1178"> <tr> <td data-bbox="419 958 948 1178"> <ul style="list-style-type: none"> <li>• Bushcraft &amp; Survival</li> <li>• Canoeing</li> <li>• Climbing &amp; Abseiling</li> <li>• Duke of Edinburgh's Award</li> <li>• First Aid Training</li> </ul> </td> <td data-bbox="948 958 1461 1178"> <ul style="list-style-type: none"> <li>• Hill Walking</li> <li>• Kayaking</li> <li>• Stag &amp; Hen Events</li> <li>• Youth Programmes</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>• Bushcraft &amp; Survival</li> <li>• Canoeing</li> <li>• Climbing &amp; Abseiling</li> <li>• Duke of Edinburgh's Award</li> <li>• First Aid Training</li> </ul>	<ul style="list-style-type: none"> <li>• Hill Walking</li> <li>• Kayaking</li> <li>• Stag &amp; Hen Events</li> <li>• Youth Programmes</li> </ul>
<ul style="list-style-type: none"> <li>• Bushcraft &amp; Survival</li> <li>• Canoeing</li> <li>• Climbing &amp; Abseiling</li> <li>• Duke of Edinburgh's Award</li> <li>• First Aid Training</li> </ul>	<ul style="list-style-type: none"> <li>• Hill Walking</li> <li>• Kayaking</li> <li>• Stag &amp; Hen Events</li> <li>• Youth Programmes</li> </ul>		
<b>Our Instructors</b>	<p>Chris generally provides most of the activity instruction but we sometimes use other external instructors or organisations for some of the specialist activities. Where this occurs, they will have been vetted by CHMAS so you can expect the same high quality of instruction and that you will have a safe and enjoyable time with them.</p>		
<b>Health &amp; Safety</b>	<p>CHMAS has insurance for our activities arranged through Activities Industry Mutual (AIM).</p> <p>CHMAS is also registered with The Adventure Activities Licensing Service as licensed to provide specified activities under the following headings: Climbing; Trekking; Watersports &amp; Caving. We are registered under Registration Number R1740 in the Midlands Region and our license can be confirmed by calling The Licensing Service on 029 2075 5715 or by visiting their website <a href="http://www.hse.gov.uk/aala/index.htm">http://www.hse.gov.uk/aala/index.htm</a></p>		
<b>Further Information</b>	<p>CHMAS contact details are shown below. We look forward to hearing from you</p> <p>Tel: 01743 236916 or 07974 458969  Email: <a href="mailto:chris@chmas.co.uk">chris@chmas.co.uk</a>  Website: <a href="http://www.chmas.co.uk">www.chmas.co.uk</a></p>		

